

## Sunday 7 September 2025 23rd Sunday in Ordinary Time

### Responsorial Psalm

Ps 90(89):3-4. 5-6. 12-13. 14, 17. ~~R~~1

*O LORD, YOU HAVE BEEN OUR REFUGE,  
FROM GENERATION TO GENERATION.*

You turn man back to dust,  
and say, 'Return, O children of Adam.'  
To your eyes a thousand years  
are like yesterday, come and gone,  
or like a watch in the night.

*Take a moment to stop and reflect where you are at this moment in the light of the whole of human history  
Thank God for his caring relationship with you as an individual human among so many people in the world*

You sweep them away like a dream,  
like grass which is fresh in the morning.  
In the morning it sprouts and is fresh;  
by evening it withers and fades.

*Thank God for the people who have inspired you now and throughout history for all their contributions  
Pray for all those people who have been significant in your life who have died and commend them to God*

Then teach us to number our days,  
that we may gain wisdom of heart.  
Turn back, O LORD! How long?  
Show pity to your servants.

*Look back over your life to name and thank God for the moments of wisdom he has given you  
Think then of the times for which you needed or still need to ask for his pardon and strength*

At dawn, fill us with your merciful love;  
we shall exult and rejoice all our days.  
Let the favour of the LORD our God be upon us;  
give success to the work of our hands.  
O give success to the work of our hands.

*Ask God to help you share the love he has given you to help other people  
Pray for God's blessing on the work and projects you have ahead of you today and this week*