Responsorial Psalm

Psalm 33(34):2-3,10-15

TASTE AND SEE THAT THE LORD IS GOOD.

I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad.

Pray that the Eucharist will give us the strength to praise God by the way we live Ask for the gift of humility especially as we recognise the faith of all who celebrate with us

Revere the Lord, you his saints.
They lack nothing, those who revere him.
Strong lions suffer want and go hungry
but those who seek the Lord lack no blessing.

Pray with gratitude for the "saints" who gather with you for the Eucharist Be grateful that the Lord so generously offers us the blessings of the Body and Blood of Christ

Come, children, and hear me that I may teach you the fear of the Lord. Who is he who longs for life and many days, to enjoy his prosperity?

Reflect on the riches of the Liturgy of the Word which daily teaches us how to follow Christ Pray that we will be ever more open to what the Word offers to enrich our lives

Then keep your tongue from evil and your lips from speaking deceit. Turn aside from evil and do good; seek and strive after peace.

Reflect on the Eucharist as a sacrament of forgiveness, where we share the mercy of the Lord Think of those with whom you share the peace of the Lord as you process together to Communion