

Wednesday 14 February 2024 Ash Wednesday

Responsorial Psalm

Psalm 50(51):3-6,12-14,17

HAVE MERCY ON US, O LORD, FOR WE HAVE SINNED.

Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from my sin.

As Lent begins make time to just ask God to forgive you

How do you understand God as merciful, kind and compassionate? How does that shape your relationships?

My offences truly I know them;
my sin is always before me
Against you, you alone, have I sinned;
what is evil in your sight I have done.

*Take time to be honest with yourself about your sins and failings, where you go wrong in faith and life
Consider your sins in contrast to God who is all good, all holy*

A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit.

*Pray for purity of mind, body and soul
Ask to be filled with God's holy spirit*

Give me again the joy of your help;
with a spirit of fervour sustain me,
O Lord, open my lips
and my mouth shall declare your praise.

*Concentrate your prayer on how you need the joy that comes from God's help and the fervour to be faithful
Simply praise God in whatever way you can for his gift of forgiveness and holiness*