

Sunday 14 January 2024

2nd Sunday in Ordinary Time

Responsorial Psalm

Psalm 39(40):2,4,7-10

Here I am, Lord! I come to do your will.

I waited, I waited for the Lord
and he stooped down to me;
he heard my cry.
He put a new song into my mouth,
praise of our God.

*Be still for a while; speak to God, wait for God to listen to you and then hear what he has to say
Use what he says to you as a new song, a new commitment to praise him*

You do not ask for sacrifice and offerings,
but an open ear.
You do not ask for holocaust and victim.
Instead, here am I.

*Pray for God's Spirit to help you listen more clearly to what God is asking of you
Pray for the ability to live out God's will for you generously*

In the scroll of the book it stands written
that I should do your will.
My God, I delight in your law
in the depth of my heart.

*Reflect on how much time you give to reading and meditating on the scriptures
What passage of the Bible gives you most joy? Take time to ponder it again*

Your justice I have proclaimed
in the great assembly.
My lips I have not sealed;
you know it, O Lord.

*Ask forgiveness for the times you have not defended God's values in your life and relationships
Pray for the courage to stand up for what is right at home, at work, in your social life*