



caritas

diocese of hallam

promoting care and social action

The **Good Shepherd** Appeal 2023

Information Pack for
Primary & Secondary Schools
Lent – May 2023





Welcome to the Good Shepherd Appeal fundraising pack for 2023!

The Good Shepherd Appeal has a long-standing tradition in our Diocese, and is the **key fundraising initiative for Caritas Hallam** (formerly known as Hallam Caring Services). Caritas is the *social action* arm of the Diocese of Hallam, offering 'cradle to grave' help and support to the people of South Yorkshire.

Although Caritas also supports many different social action projects around the Diocese, the **Good Shepherd Appeal** primarily fundraises for the provision of **Counselling Services in Schools**.

These services are used *in schools by schools*, to benefit:

- **the children** of those schools,
- **the families** of those children, and
- **the staff** working with the children.

Have no doubt: **your fundraising to support the work of Caritas Hallam is very much needed!** The children and families of our own communities, *need you*. Please help us to raise these vital funds so that we can meet the ever increasing mental health needs of our communities.

Thank you!





Good Shepherd Appeal 2023 – *this year's theme:*



Good Relationships – *with friends, family & Jesus*

For this year's Appeal, we encourage both Primary and Secondary Catholic Schools to:

- **Discuss what *Good Relationships* look like**
- **Explore how to develop a *Personal Relationship with Jesus*, and**
- ***Fundraise for the work of Caritas* in the schools and communities of our Diocese.**

A full Resources Pack will be made available from 1st February 2022.

Relationships are absolutely at the heart of what it means to be human. The quality of our relationships can have an enormous impact on our emotional, physical and spiritual wellbeing. We are recommending a 3 day plan during Lent to try and do this area some justice:

Day 1 – Good Shepherd Learning

Day 2 – Be Mindful and Prayerful

Day 3 – Giving to Others



Day 1 – *Good Shepherd Learning*

“I am the Good Shepherd. The Good Shepherd lays down his life for the sheep”

(John 10: 11)

The focus for Day 1 is to learning about Good Relationships, examining what our culture says, what psychology says, and what Jesus has to say – as the Master Psychologist.

More detailed suggestions of how you may like to do this will be in our Resources Guide (made available to you later this month). But the key focal points will be as follows:

- **What does a Good Relationship look like?**
- **How can we be a good friend to others?**
- **What does Jesus teach us about friends and family?**

Our every-day experiences can teach us a lot about relationships – what the ‘good’ looks like, and what causes us hurt and damage.

Different communities often have their own individual ‘micro-cultures’, and this year, we will be sharing new ways to help you explore and articulate this through music. There will also be learning videos and scripture to share for discussion too.

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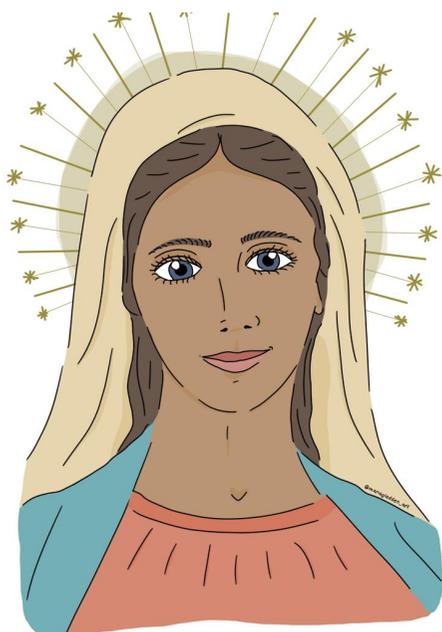


Day 2 – *Be Mindful & Prayerful*

“Come to me, all you who are weary and burdened, and I will give you rest.”
(Matthew 11:28)

Relationships can weigh heavily on our hearts and minds, especially when they are not going well.

Making the time to spend with our Good Shepherd, Jesus, enables us to connect with the special peace and joy that can only come from God!



This year, we are strongly encouraging schools to bring their children (and staff) to Jesus through Adoration of the Blessed Sacrament – Jesus in the Eucharist.

In our Resources Pack for Day 2, we have suggested some options for how to lead a prayerful **Adoration** experience with the different age groups. We also include resources for **Christian Meditation** with children, and **Prayers with Mother Mary**.

Throughout, we will be encouraging you and your communities to **pray** for the gift and blessing of Good Relationships.

Full Resources available from 1st February 2022.



Day 3 – *Giving to Others*



**“Whoever is generous to the poor lends to the Lord,
and he will repay him for his deed”**

(Proverbs 19:17)

Research has shown that **giving to others is good for us** – on so many levels. It is also a vital way we, as Christians, can show love and compassion for the world around us!

On Day 3, we invite you to raise money to support the work of Caritas Hallam in Schools – and to come together and have fun while you are doing it! Because coming together for a common purpose is a great way to build new relationships, and strengthen existing ones.

We will, of course, make some fundraising suggestions in our Resources Pack for Day 3, but we know from last year that you will also get creative with your own ideas! And this year, we will be getting more specific about how your money will be used.

So get your enthusiastic News Reporters at the ready; we can't wait to hear how you get on! And we will be highlighting ways you, too, can share your good news with others.

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Good Shepherd Appeal Celebration:

“God is love. Whoever lives in love lives in God, and God in him.”

(1 John 4:16)

We invite you all to the **Good Shepherd Appeal Celebration 2023**, at
St Marie’s Cathedral, Sheffield
Wednesday 17th May, at 10.30am

The Celebration will be led by St Alban’s Catholic Primary, who raised a staggering £1,737 last year!

The **Official Good Shepherd Song** is **Our God is Love**. We love this version (with lyrics) by **One Hope Project**: <https://youtu.be/JyOdax7AhN8>

Full details of all the music to be used in the 2023 Celebration will be provided, so that your schools can learn these hymns and worship songs in advance.

For all queries, please contact Candida on: **GoodShepherd@hallam-diocese.com**

