

**LENT SUNDAY 5 C – 3 April**

**Responsorial Psalm**

**Psalm 125(126)**

*What marvels the Lord worked for us! Indeed we were glad.*

When the Lord delivered Zion from bondage,  
it seemed like a dream.

Then was our mouth filled with laughter,  
on our lips there were songs.

*Think about just how much God has done and continues to do for us as a people, as individuals  
Do you celebrate this joyfully and share it with others?*

The heathens themselves said: 'What marvels  
the Lord worked for them!'

What marvels the Lord worked for us!  
Indeed we were glad.

*Do we recognise the marvellous works of God at work in so many people and in our world?  
How does this help us to be positive people of faith?*

Deliver us, O Lord, from our bondage  
as streams in dry land.

Those who are sowing in tears  
will sing when they reap.

*What holds you back from being a better person?  
Are we truly sorry for our sins and failings?*

They go out, they go out, full of tears,  
carrying seed for the sowing:  
they come back, they come back, full of song,  
carrying their sheaves.

*How much attention do we pay to the pain and suffering of people in our world today?  
What do we do to alleviate the pain and struggles others have?*

**Acknowledgements**

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