



**Best Mental Wellness & Community Support Agency**

**Schools Support Services**

**September 2018-July 2019**



## **Diocese of Hallam Caring Services Schools Support Services**

Our Service is a school and parish based social work service providing advice, support and counselling for children, young people and their families. The Service is focused on prevention and early intervention, working voluntarily with children, young people and their families. We work closely with teaching staff, support staff senior management in schools as well as parents and carers to provide a holistic whole system approach to meeting young people's needs. We collaborate with outside agencies and provide support to children who are known to Social Care either as part of a Child in Need Plan or a Child Protection Plan.

We also provide counselling support to teaching staff.

There are currently seven qualified Social Workers/Counsellors providing guidance and support to a number of schools within the Hallam Diocese.

### **Purpose of the Service**

- To remove barriers to learning and participation
- To develop the full potential of individuals within the values and ethos of their school
- To improve the emotional resilience and nurture the spiritual development of individual children and young people within the school and community
- To address critical, personal and social issues affecting all children and families
- To develop new skills, knowledge and values that assist children and young people in reaching their full potential
- To provide advice and support in relation to Safeguarding

### **Keeping Children Safe in Education**

All staff within the Hallam Caring Services Schools' team have read and are able to demonstrate their understanding of the Keeping Children Safe in Education document. They are able to identify and assess needs early by working in an integrated manner with the child, young person, family, school and other agencies. This results in a holistic whole system approach to meeting the young person's needs and ensures that every child has the chance to fulfil their potential by locating barriers, setting goals and identifying strategies in line with these four outcomes:

1. Being Healthy
2. Staying Safe
3. Enjoying and Achieving
4. Improve resilience

## Better Outcomes for Schools and Families

- Ensure early intervention to identify problem and solutions as quickly as possible
- Improve behaviour and attendance targets
- Work with parents and carers in improving the life chances for their children
- Improve outcomes for all children
- Maintain links with children and young people at key transition times
- Bridge the gap between universal services and higher tier Services
- Reduce numbers of children and young people requiring statutory intervention

### Specific Services

- **Individual Social Work/Counselling Support**
  - a) **Long term work** with children and young people facing a range of difficulties that impact on behaviour and performance at school. This may involve work with families and liaison with other agencies
  - b) **Short Term Work** [+/- 6 sessions] focusing on a specific problem with the aim of identifying skills and strategies to manage these more effectively
- **Group Work**-Bringing together young people with common issues in order to enhance peer support and shared learning and growth
- **Family Support**-Assisting children and families within their own home and providing evidenced-based programmes for groups of parents
- **Consultancy**-discussion with school staff about any concerns they may have about a young person or with regards to matters of policy e.g. Safeguarding
- **Drop-in Service**-for students in secondary school environment to provide young people with confidential support and signposting
- **In-school staff support**-Aiding stress management by supporting staff members with both personal and professional concerns
- **Bereavement work**-We make a financial contribution from the Good Shepherd fund to Rainbows Bereavement Support SY which provides a service to schools
- **Cognitive Behavioural Counselling**-Helping pupils manage their problems by changing the way they think and behave
- **Safeguarding**-Support, supervision and training to headteachers, staff and Governing Bodies
- **Educational Psychological Service**-We are linked to a highly qualified experienced practitioner for assessments and reports
- **Crisis Support**-In the event of a major crisis in school, we can deploy a highly professional team to support students, staff and families
- **Mindfulness**-Helping students to concentrate, improve peer and family relationships and become less aggressive

## Commissioning the Service

- Hallam Caring Services will arrange to visit your school and discuss your needs and the services we offer
- Following this visit, a bespoke programme will be designed to meet the needs of your students, school and community
- A timetable will be agreed for the start of the service
- The service will commence on the agreed start date and for an agreed period

## Service Level Agreement

A member of the Hallam Caring Services will work alongside a senior member of school staff to identify and agree, in writing, the service that will be provided.

- A Service Level Agreement will set out the services and expectations by both partners
- We will keep accurate records and maintain these records within the secure environment of the school
- An annual review will be carried out between the school and Hallam Caring Services where the Performance Management system will be shared. This system demonstrates the impact that the service has made on the children who they have been working with (Including Pupil Premium)
- A confidential evaluation will be undertaken by asking children, young people, families and staff to give feedback of their experience of the Service
- Professional Supervision will be provided at regular intervals for the Social Work Team and other staff where appropriate

### Why Us?

- We believe that a professional link between our Catholic schools and our Catholic care agency is an essential element with work based on our culture, ethos and teaching
  - Our charges include:
    - payment to counsellor/social worker etc.
    - mileage
    - professional indemnity insurance★
    - registration to accredited national bodies★
    - regular professional supervision and training
    - complaints procedure
  - We endeavour to provide cover in times of sickness
  - We adopt safer recruitment policy
  - We offer quick response & flexibility to the needs of the school
  - We provide end of year reports demonstrating evidence of impact of work undertaken
- ★ Crucial in the event of a complaint

**SCALE OF CHARGES**  
**September 2018-July 2019**

**Primary and Secondary Schools**

Qualified & Registered Social Worker/Counsellor Annual fee 1 day per week (Invoiced termly £2333.00)	£7,000.00
Cognitive Behaviour Counselling Per hour	£35.00
An hourly fee can be arranged for occasional referrals Social Worker/Counsellor	£35.00
Safeguarding Training for staff & governors Per hour	£45.00
Independent Supervision for staff Per 1½ hour	£50.00
Education Counsellor Per hour	£30.00
Qualified & Registered Educational Psychologist ½ day assessment + ½ day report compilation	£425.00

You should be aware that that there are people advertising themselves as counsellors when they have only undertaken a very basic preliminary course at a local college. They will not have been accredited by the national body British Association for Counselling and Psychotherapy (BACP) which only registers fully qualified practitioners holding the British Diploma in Counselling (after two years training), and for social workers, Health and Care Professions Council (HCPC).

All our counsellors and social workers are qualified and registered with a recognised body e.g. HCPC & BACP. This gives you, as a school peace of mind that they are working within a strict ethical framework.

## **CONTACT DETAILS**

Where a Social Worker/Counsellor has already been assigned to a school,  
please contact them for further details.

Other schools interested in this service please contact:

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