

Play your part:

- ♥ Print off this sheet (perhaps on coloured paper) and cut out the heart shapes.
- ♥ Ask each member of your parish or group to write their own pledge, prayer or message about how we might better care for creation and love our neighbours on one of these heart shapes.
- ♥ Combine these to form one giant heart to celebrate your shared commitments to action.
- ♥ Share pictures of your parish or group with your hearts on Twitter and Facebook (tagging @CAFOD), with your local media or by emailing us at campaigns@cafod.org.uk
- ♥ For ideas for action, media tips and more, visit cafod.org.uk/campaign and download our campaign guide.

